



Pure Bio <purebioltd@gmail.com>

Practitioner News March 19: Latest Research on Crohn's Disease

1 message

Pure Bio <info@purebio.co.uk>
Reply-To: Pure Bio <info@purebio.co.uk>
To: purebioltd@gmail.com

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Practitioner News
Nutritional Update March 2019

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Dear Colleague

Welcome to our March nutritional update for practitioners. The aim of this regular news update is to keep you up-to-date with research findings from the nutritional industry, launch of new products and special offers from Pure Bio Ltd, and to help keep you abreast of products available for your patients and when & how to use them.

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Featured Articles

[**CBD OIL SHOWS PROMISING RESULTS IN RELIEVING SYMPTOMS OF CROHN'S DISEASE**](#)

Cannabis (CBD) oil is often used as a natural remedy for different conditions due to its pain-relieving effects. According to a



study, CBD oil can also help address the often agonising symptoms associated with a condition called Crohn's Disease.

Read more at Naturalnews.com

CBD Oil is different from marijuana

Medicinal cannabis oil is usually derived from hemp. But, while hemp and marijuana come from the same plant (*Cannabis sativa*), they are two different products. Marijuana growers breed their plants to contain high levels of THC, the substance that makes you feel "high", but hemp farmers rarely modify their plants

[Pure Bio's high strength \(10%\) CBD oil](#) is pure CBD infused in cold-pressed hemp oil, with nothing else added. The bottle contains 1,000mg (1ml) pure CBD infused in 9ml cold-pressed hemp oil.

The hemp oil used is organically grown (but not certified as organic) - sourced from fields which do not use pesticides. Our product contains the full spectrum of pure CBD - it is not made up to its 10% concentration with other cannabinoids which would reduce its potency (eg CBDa)



[ORDER NOW - CBD Oil 10% - £39.98](#)

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[AVOCADOS FOUND TO IMPROVE EYE HEALTH IN AGING ADULTS](#)



A new study published in the journal *Nutrients*, has found that older adults can increase their Macular

pigment levels by upping their intake of avocados. Avocados contain high levels of lutein, which is selectively taken up by both the macula and the brain. Increasing lutein levels protects eye health and improves cognitive function - both of which are vital areas of concern for people as they get older.

Read more at [Natural news.com](http://Naturalnews.com)

Avocados are a rich source of [lutein](#) which protects against age-related macular degeneration, but here are several other reasons to include more avocado in your diet:

- They are high in vitamins K, C, E, B5 and B6, as well as folate and potassium (they contain more potassium than bananas)
- Avocados are high in heart-healthy monounsaturated fats, and can lower cholesterol and triglyceride levels
- They are high in fibre
- The type of fat in avocados assists with the absorption of nutrients from other foods
- People who eat a lot of avocados are statistically slimmer and healthier
- Studies have linked higher avocado consumption to cancer prevention, and
- Best of all, avocados are delicious!

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Product Focus

NEW PRODUCT LAUNCH



PURE BIO EPA/DHA VEGAN



This [vegan source of EPA/DHA](#) is a Pure Bio own-brand product, manufactured with the company's usual high quality process and devoid of all additives, binders and excipients.

It is exceptionally **high potency** compared to other vegan sources of omega-3 oil and is sourced from a pure, environmentally friendly and non-GMO form of the marine microalgae, Schizochytrium sp.

The capsule is naturally darkened to reduce oxidation and contains trace amounts of Vitamin E for optimal absorption of the omega-3 oil.

EPA and DHA are omega-3 oils that promote cardiovascular health by supporting healthy triglycerides and lipid metabolism, maintaining healthy blood flow and supporting healthy platelet function. Through these systems they can contribute to a healthy blood pressure.

Contents (one capsule provides):

Algal Omega 3 oil	1,000mg
providing:	
Total Omega 3 Fatty Acids	560mg
as DHA	330mg
and EPA	200mg

other ingredients: rosemary flavour, ascorbyl palmitate, mixed tocopherols. Capsule shell (starch, vegan glycerin, carrageenan, sodium carbonate)

ORDER NOW: Pure Bio EPA/DHA Vegan - 60 capsules - £39.98

PLEASE NOTE: This new Pure Bio EPA/DHA Vegan product replaces the current vegetarian EPA/DHA version in your test kit. To order a replacement sample phial for your test kit (at £1.50 each), simply call us on 01403 730342

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Latest Pure Bio News

DISCONTINUED PRODUCT

ORGANIC WARRIOR BLEND

Chocolate Flavour



We are discontinuing stocking the [chocolate flavour of Organic Warrior Blend](#) protein powder (as this has been replaced by [NUZEST CLEAN LEAN PROTEIN](#)).

We have 2 pots left - expiry date 31 Aug 19, SALE PRICE £29.99 (retail price usually £45.95)

If you would like to snap up this bargain price, please call us on 01403 730342

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SPRING SALE

We are clearing our shelves of some shorter-dated Pure Encapsulations products and are pleased to offer you some fantastic savings! **HURRY AS IT'S FIRST COME FIRST SERVED!**

Product	Size (caps)	Number of pots available	Expiry date	Sale price £
<u>Aller Essentials</u>	60	3	30 Apr 19	£12.81
<u>Nutrient 950 w/o Cu & Fe</u>	90	24	30 Apr 19	£12.62
<u>Nutrient 950 w/o Cu & Fe</u>	180	23	30 Apr 19	£21.50
<u>Magnesium Aspartate</u>	90	18	31 May 19	£9.99
<u>PhytoBalance</u>	120	4	31 May 19	£23.96
<u>GlucFunction</u>	180	3	31 May 19	£39.05
<u>Boron</u>	60	24	31 May 19	£6.50

[Green Tea Extract](#) 120 1 31 May 19 £22.29

SIMPLY TELEPHONE 01403 730342 OR EMAIL US ON info@purebio.co.uk to place your order and take advantage of the savings

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Gift Vouchers

Did you know that we sell [Gift Vouchers](#) which can be used against the purchase of any of our products - from supplements to soap to socks? **A great gift at any time of year**



The vouchers can be purchased in denominations of £5, £10 and £20 and are valid for one year

Why not give the gift of health with the luxury of choice!

Order from the office 0044 (0)1403 730342 or visit our website [here](#)

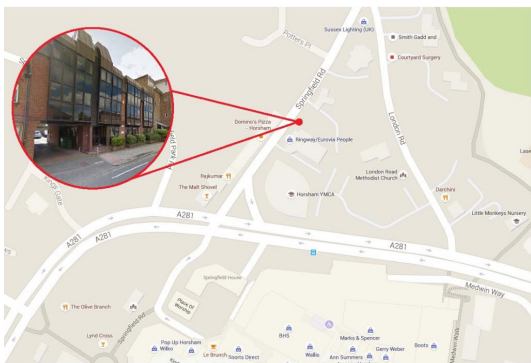
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Quote of the Month

"The art of medicine consists of amusing the patient whilst the body heals itself"
Voltaire

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How to Find Us



You can order from our [website](#) or make purchases in person. [Find us at:](#)

**Ground Floor, 44 Springfield Road,
Horsham, West Sussex, RH12 2PD**

Tel: 0044 (0)1403 730342

Email: info@purebio.co.uk

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