
Practitioner News July 2023: Latest research on HRT

1 message

Pure Bio <info@purebio.co.uk>
Reply-To: Pure Bio <info@purebio.co.uk>
To: purebioltd@gmail.com

31 July 2023 at 14:33

Practitioner News
Nutritional Update July 2023

[View this email in your browser](#)



[Top](#)

Dear Colleague

Welcome to our July nutritional update for practitioners. The aim of this regular news update is to keep you up-to-date with research findings from the nutritional industry, launch of new products and special offers from Pure Bio Ltd, and to help keep you abreast of products available for your patients and when and how to use them.

In this issue

- [Latest research on HRT](#)
- [Chronic constipation linked to cognitive decline](#)
- [Product Focus – Golders Greens Organic chlorella and spirulina](#)
- [Latest Pure Bio News - customer satisfaction - win a £50 Pure Bio gift voucher](#)
- [Summer Sale](#)
- [Forthcoming Seminars - Book now!](#)
- [Pure Bio Gift Vouchers](#)
- [Quote of the Month](#)
- [How to Find Us](#)

[Featured Articles](#)

[**HRT LINKED TO DEMENTIA RISK**](#)



Short-term and cyclical use of oestrogen and progestin therapy for menopausal symptoms is linked to an increased risk of dementia, results of a large, observational study show.

Investigators found that women in their 50s who took HRT for menopausal symptoms had a 24% increased risk of developing dementia and Alzheimer's Disease (AD) 20 years later compared with those who didn't use HRT. The risk was present even in women who used HRT for brief periods at menopause onset.

Read more at [Medscape.com](https://www.medscape.com)

[Back to Top](#)

CHRONIC CONSTIPATION LINKED TO COGNITIVE DECLINE



New findings highlight the importance of discussing gut health with older patients. Chronic constipation may be associated with worsening cognitive function, new data from three prospective cohort studies with more than 100,000 adults show.

Compared to individuals who have a bowel movement once daily, adults with constipation who have a bowel movement every 3 days or more had significantly worse cognition that was commensurate with an additional 3 years of chronologic cognitive aging, the investigators found.

Read more at [Medscape.com](https://www.medscape.com)

Product Focus



[Golden Greens® Organic](#) are a company that specialise in a full range of superfoods that have been ethically and organically grown and harvested for optimum purity and content.

All Golden Greens products are 100% organic, and free of all pesticides, fertilisers and GMO.

In order to achieve organic certification, not only is the farming **certified**, but the production of the powder, the storage and transportation **must also be certified organic**.

All Golden Greens® products are **independently tested for over 500 chemical residues at SAL labs in Cambridge** in order to ensure they are free of all pollutants.



Chlorophyll, the substance responsible for the green colour in plants, may be useful for a number of gastrointestinal problems, including chronic constipation. Chlorophyll can be obtained from [Chlorella or Spirulina supplements](#), as well as wheat grass.

[Organic Broken Cell Wall Chlorella](#) is a blue-green algae that has the highest content of chlorophyll of any food on the planet.

AVAILABLE AS POWDER OR TABLETS

Key facts:

- High content of B vitamins, Zinc and Iron
- 60% Protein containing **all 8 essential** amino acids
- Vegan source of Vitamin B12
- **Gluten Free**, Lactose Free
- Suitable for Vegetarians, Vegans
- Non-GMO and **100% natural**
- Certified Organic by the Soil Association

[Spirulina](#) is a blue-green algae that is over 3 billion years old, and one of the most **nutritious** superfoods on the planet.

AVAILABLE AS POWDER OR TABLETS

Key facts:

- Packed with B vitamins, Iron, Calcium, Zinc
- 56% Vegan Protein with **18 amino acids**
- Low Fat, Low Cholesterol
- **Gluten Free**, Lactose Free
- Suitable for Vegetarians, Vegans
- Non-GMO and **100% natural**
- Certified Organic by the Soil Association

ORDER NOW :

[Golden Greens Organic Chlorella Tablets - 120 - £10.25](#)

[Golden Greens Organic Spirulina Powder - 100gm - £7.25](#)

[Back to Top](#)

Latest Pure Bio News

CUSTOMER SATISFACTION

Win a £50 Pure Bio Gift Voucher



We are dedicated to providing a first class service to all those who deal with us as we know you have a choice, so thank you for choosing Pure Bio Ltd.

We love to hear from our practitioners about our products and services and your experience with Pure Bio Ltd, **so please let us have your feedback or leave a review - just click on any of the links below.**

ALL REVIEWS RECEIVED BY CLOSE OF BUSINESS ON 1 AUGUST WILL BE ENTERED INTO A SUMMER PRIZE DRAW AND THE WINNER WILL RECEIVE A £50 PURE BIO GIFT VOUCHER WHICH CAN BE USED AGAINST ANY PURCHASES FROM US IN THE NEXT 12 MONTHS.

Terms: Only one review per person will be entered into the draw. The winner will be notified by email - so please ensure we have your email address!



Here is a selection of [testimonials](#) we have received on our website. To leave your own views, simply click on the Pure Bio logo above - we look forward to your feedback!

THANK YOU

[Back to Top](#)

Summer Sale



We are clearing our shelves of some shorter-dated products and are pleased to offer you some fantastic savings! **HURRY AS IT'S FIRST COME FIRST SERVED!**

Product

Size

Number of
pots
available

Best before date

Sale price £

<u>Nrf2 Detox</u>	60	9	30 Apr 23	FREE
<u>Adenosylcobalamin</u>	60	3	31 May 23	FREE
<u>Ascorbyl Palmitate</u>	90	4	30 Jun 23	FREE
<u>Ascorbyl Palmitate</u>	180	2	30 Jun 23	FREE
<u>SIN 10</u>	50ml	2	30 Jun 23	FREE
<u>Nuzest Strawberry Sachet</u>	25g	4	06 July 23	FREE
<u>Nuzest Good Green Vitality Sachet</u>	10g	10	28 July 23	FREE
<u>Chlorella Powder</u>	100gm	5	31 Jul 23	FREE
<u>Spirulina Powder</u>	100gm	6	31 Jul 23	FREE
<u>Agnus Castus Alcohol Free Tincture</u>	30ml	7	06 Aug 23	FREE

<u>Artemesia Annua Alcohol Free Tincture</u>	30ml	17	06 Aug 23	FREE
<u>Astragalus Alcohol Free Tincture</u>	30ml	1	06 Aug 23	FREE
<u>Burdock Alcohol Free Tincture</u>	30ml	8	06 Aug 23	FREE
<u>Chaparral Alcohol Free Tincture</u>	30ml	6	06 Aug 23	FREE
<u>Cinnamon Alcohol Free Tincture</u>	30ml	13	06 Aug 23	FREE
<u>Licorice Alcohol Free Tincture</u>	30ml	6	06 Aug 23	FREE
<u>Milk Thistle Alcohol Free Tincture</u>	30ml	5 4	30 Jul 23 06 Aug 23	FREE FREE
<u>Mugwort Alcohol Free Tincture</u>	30ml	7	06 Aug 23	FREE
<u>Pau D'Arco Alcohol Free Tincture</u>	30ml	4	06 Aug 23	FREE
<u>Rosemary Alcohol Free Tincture</u>	30ml	6	06 Aug 23	FREE

<u>Sage Alcohol Free Tincture</u>	30ml	16	06 Aug 23	FREE
<u>Saw Palmetto Alcohol Free Tincture</u>	30ml	7	06 Aug 23	FREE
<u>Thyme Alcohol Free Tincture</u>	30ml	9	06 Aug 23	FREE
<u>Yellow Dock Alcohol Free Tincture</u>	30ml	8	06 Aug 23	FREE
<u>Magnesium Orotate Powder</u>	100g	3	17 Aug 23	£14.99
<u>Pycnogenol 100mg</u>	30	16	31 Aug 23	£38.50
<u>Zap & Clear Serum</u>	10ml	1	n/a	£7.00
<u>CBD 10% Oil Extract</u>	10ml	47	31 Oct 23	Buy 1 Get 1 Free £41.99

SIMPLY TELEPHONE 01403 730342 OR EMAIL US ON info@purebio.co.uk TO PLACE YOUR ORDER AND TAKE ADVANTAGE OF THE SAVINGS

[Back to Top](#)

Forthcoming Seminars

LONG-COVID - Treatment Strategies for covid, vaccine reactions and resultant auto immunity

With Tracy S Gates, D.O., DIBAK, L.C.P.H.

9 - 10 September 2023
Crowne Plaza Hotel, Langley Drive, Crawley, RH11 7SX
Also available on Zoom

Places limited - book early to avoid disappointment!

Long COVID / post-COVID syndrome is an emerging condition and one about which we are continuing to learn more with ever-increasing exposure to affected patients.

This seminar will provide information about how the medium and long-term effects of Covid-19 are understood to manifest in different body systems.

The weekend will aim to bring together all the latest research on the long-term effects of both covid infection and gene therapy vaccinations and present it in a manner that will allow you to apply it in a clinically useful way.

The weekend will involve muscle testing and requires basic knowledge in Applied Kinesiology techniques and concepts. There will be practical sessions throughout the weekend to cover the treatment procedures that you will learn.

For full details and to book [here](#).

[Back to Top](#)

Gift Vouchers

Did you know that we sell [Gift Vouchers](#) which can be used against the purchase of any of our products - from supplements to soap to socks? **A great gift at any time of year**



The vouchers can be purchased in denominations of £5, £10 and £20 and are valid for one year.

Why not give the gift of health with the luxury of choice!

Order from the office 0044 (0) 1403 730342 or visit our website [here](#)

[Back to Top](#)

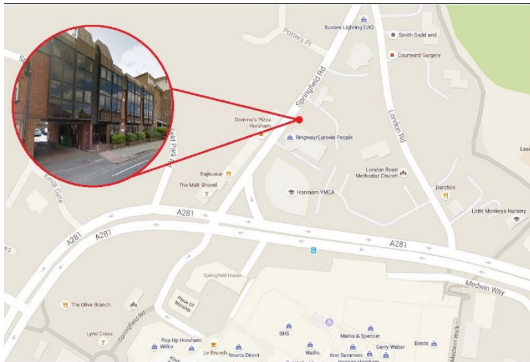
Quote of the Month

"Those who believe they can and those who believe they can't are both right"

Henry Ford

[Back to Top](#)

How to Find Us



You can order from our [website](#) or make purchases in person.

Find us at:

**Ground Floor, 44 Springfield Road,
Horsham, West Sussex, RH12 2PD**

Tel: 0044 (0)1403 730342

Email: info@purebio.co.uk



Share

Forward

Share

Copyright © 2023 Pure Bio Ltd, All rights reserved.

You are receiving this email because you have OPTED-IN/Subscribed to our Practitioner News

Our mailing address is:

Pure Bio Ltd
Ground Floor
44 Springfield Road
Horsham, West Sussex RH12 2PD
United Kingdom

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

