

Practitioner News: Latest Research on Epilepsy

1 message

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Practitioner News
Nutritional Update March 2017

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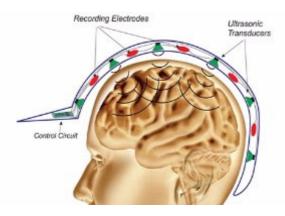
Dear Colleague

Welcome to our March nutritional update for practitioners. The aim of this regular news update is to keep you up-to-date with research findings from the nutritional industry, launch of new products and special offers from Pure Bio Ltd, and to help keep you abreast of products available for your patients and when & how to use them.

In this issue

- Epilepsy Life-changing Research
- Research How to Reverse Symptoms of Depression
- Product Focus *NEW* Organic Inulin Powder
- Latest Pure Bio News Gluten-Free certification plus more
- Pure Bio Gift Vouchers
- Inflammation, The Good, The Bad & The Ugly Part 2
- Do you Understand your Test Kit? *NEW DATE*
- Quote of the month
- How to find us

Featured Articles



Suppressing epileptic seizures via Anderson localisation.

More than 50 million people of all ages suffer from epilepsy, otherwise known as seizure disorder, the fourth most common neurological disease in the world. Patients diagnosed with epilepsy often experience recurrent seizures triggered by the firing

Read more medicalxpress.com

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LACTOBACILLUS SHOWN TO REVERSE SYMPTOMS OF DEPRESSION

<u>Lactobacillus</u>, a probiotic bacteria found in liveculture yoghurt, appears to reverse symptoms of depression in mice, and investigators believe these findings should hold true in people.



<u>Lactobacillus</u> appears to reverse symptoms of depression in mice, this new research shows. They also discovered a specific mechanism directly linking the health of the gut microbiome and mental health. Researchers examined the gut microbiome of mice before and after they were exposed to chronic stress. The major change they found was a loss of Lactobacillus and an increase in circulating levels of kynurenine metabolites, which are know to drive depression. With the loss of lactobacillus came the onset of depressive symptoms. But, after supplementation with L Reuteri to restore Lactobacillus, kynurenine metabolism normalised, and so did the animals' behaviour.

Read more medscape.com

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Product Focus

NEW PRODUCT LAUNCH

Golden Greens Organic Inulin Powder



Organic Inulin shot to fame after being featured in the BBC's "How To Stay Young" with Angela Rippon and "Trust Me I'm A Doctor".

"How To Stay Young" highlighted the effects of having high levels of visceral fat surrounding our internal organs, such as the heart and liver, and how Angela was recommended inulin to reduce these high levels of visceral fat.

Main Benefits of Inulin Powder

- Can help to reduce the accumulation of visceral fat
- Provides an ideal environment for the growth of beneficial intestinal flora
- Increases the health and function of the whole digestive system
- · Enhances energy production
- Help to lower triglyceride levels, thus reducing the risk of heart disease
- · Reduces appetite

Golden Greens Organic Inulin Powder is:

- Fat-free, with 50 servings per bag!
- Gluten Free & Lactose Free
- · Suitable for Vegetarians and Vegans
- Non-GMO and 100% natural
- Certified Organic by the Soil Association
- Can be used as a carb-free sugar replacement

Certified free of all pesticides, fertilisers, heavy metals, GMOs and other pollutants. Golden Greens Inulin is independently tested for over 500 chemical residues at SAL Labs in Cambridge.

Inulin is not digested in the stomach, instead it passes into the intestines largely unchanged, where it ferments and forms an optimum environment for the growth of healthy bacteria such as bifidobacteria and lactobacilli.

It also discourages the growth of potentially harmful bacteria such as E Coli, Clostridium difficile and Candida.

Bifidobacteria digest inulin to produce short-chain fatty acids, such as acetic and propionic, which can be used by the liver for energy production.

The soluble fibre content of Inulin provides a feeling of fullness, and helps to ensure the slow passage of food through the gut, resulting in reduced appetite and also ensuring that more nutrients can be absorbed, especially minerals such as calcium and magnesium, and trace minerals such as copper, iron and zinc.

A supply of Inulin seems to help in lowering high levels of triglycerides. A reduction of up to 20% in triglyceride levels can be seen in eight weeks. Constipation is also much alleviated by taking soluble fibre.

ORDER NOW

Golden Greens Organic Inulin Powder - 250mg £12.95

If you require a phial for your test kit, these are available for £1.50 each. Simply call us on **01403 730342**



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Latest Pure Bio News

<u>Pure Encapsulations® has received</u> <u>Gluten-Free certification</u>

Pure Encapsulations® is proud to announce that they have received gluten-free certification from the Gluten-Free Certification Organisation (GFCO). Pure Encapsulations® products are free from:

- · Wheat and gluten
- Eggs
- Peanuts
- · Coatings and Shellacs
- GMOs
- Magnesium Stearate
- Trans Fats and hydrogenated oils
- · Artificial colours and sweeteners
- Unnecessary binders, fillers and preservatives



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!! GOOD NEWS ON POSTAGE !!



You will be aware that Royal Mail increased their prices yet again on 27 March and, despite this increased cost to our business, we are pleased to announce that, for the 3rd year running, we at Pure Bio will NOT be passing these increased costs onto our valued customers and will be holding our postage/delivery costs at their current level.

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SPECIAL OFFERS

This month we have 2 Special Offers for you on a selection of our products. Simply telephone **01403 730342** to place your order and take advantage of the savings. **It's first come**, **first served!**

We have 5 pots of a special Pure Encapsulations product - <u>PS</u> <u>Plus - 60 caps.</u> On offer at HALF PRICE - available to you at only





We have 4 bottles of <u>Pure Encapsulations DHA Liquid 30ml</u> which are short-dated stock (best before end 05/17). We are pleased to offer this at <u>Half Price - available to you at only £22.90 per bottle</u>

SIMPLY TELEPHONE 01403 730342 TO ORDER ANY OF THE ABOVE SPECIAL OFFERS

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Gift Vouchers

Did you know that we sell <u>Gift Vouchers</u> which can be used against the purchase of any of our products - from supplements to soap to socks?



The vouchers can be purchased in denominations of £5, £10 and £20 and are valid for one year

Why not give the gift of health with the luxury of choice!

Order from the office 0044 (0)1403 730342 or visit our website here

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Forthcoming Seminars

1) Inflammation - The Good, The Bad and the Ugly - PART 2

Following the success of our ALFA OMEGA seminar in December, we are delighted to announce that **DR JOSEPH SHAFER, DC, DIBAK**, will be returning to the UK to present the second of his seminars on how to use the Alfa Omega range of diluted phytotherapeutic products in your practice.

PLEASE NOTE: You do NOT need to have attended the first seminar to benefit from Part 2.

Basic Alfa Omega test kit use and practical substance challenges will be briefly repeated and practiced in this seminar before moving on to more specific challenges of difficult conditions.

When: 27/28 May 2017 - Hurry, places filling up fast!

Venue: Gatwick Hilton Hotel, South Terminal, Gatwick Airport

Cost: £299.00 for the weekend

(To participate in the course, you must bring, or purchase, Alfa Omega test kits, substance challenge kits, magnets and a sonic toothbrush, which are necessary for the practical workshops. Please see <u>booking</u> form for full details.)

The Alfa Omega range of products are an incredibly powerful tool in reversing disease processes and a must-have tool for advanced-thinking practitioners.

For full details and to book click here

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2) Do You Understand Your Test Kit? A guideline on what to prescribe and when!

Due to recurrent demand, Tracy S Gates, DO, DIBAK, will be presenting her updated seminar on Understanding and Using all the products in your Pure Bio Test Kit, including recommended dosages.

When: 23/24 September 2017 *NEW DATE*

Venue: Gatwick Hilton Hotel, South Terminal, Gatwick Airport

Cost: £195.00 for the weekend

To book click here

For further details on any seminar, call us on 0044 (0)1403 730342 or email info@purebio.co.uk

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Quote of the Month

"If you ask what is the single most important key to longevity, I would have to say it is avoiding worry, stress and tension. And if you didn't ask me, I'd still have to say it"

George Burns, at 99 years of age

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How to find us



You can order from our <u>website</u> or make purchases in person. <u>Find us at:</u>

Ground Floor, 44 Springfield Road, Horsham, West Sussex, RH12 2PD

Tel: 0044 (0)1403 730342

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