

ChromeMate® GTF 600



Unique niacin-bound chromium complex; supports healthy glucose metabolism*



Gluten Free



GMO Free



Vegan



Vegetarian

Chromium is a trace mineral that plays an important role in glucose and lipid metabolism, as well as enzyme activation. Optimal levels of chromium promote healthy carbohydrate and fat utilization. ChromeMate® has been clinically studied for its potential role in supporting healthy body composition when combined with a healthy diet and exercise.

One study showed that when combined with modest diet and exercise, ChromeMate® supported lean body composition in overweight women. A similar study at Georgetown University also suggested that ChromeMate® may support lean muscle mass in overweight women. The potential for ChromeMate® to promote Glucose Tolerance Factor (GTF) activity accounts for its role in maintaining healthy glucose metabolism and supporting body composition.

Ingredients

Amount Per Serving

- each vegetarian capsule contains:
 - chromium (as chromium polynicotinate) 600 mcg
 - other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)
- ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.
- **Recommended dosage:** 1 capsule daily, with a meal.