



VenoBalance®

What Is It?

VenoBalance® is an herbal combination consisting of dandelion leaf, parsley root, cornsilk, butcher's broom and rutin extracts.

Features Include

- Dandelion leaf, serving as a valuable source of vitamins and minerals, particularly potassium. The leaf extract has also been used traditionally to help maintain healthy fluid balance as noted in the German Kommission E Monographs. The flavonoid content of dandelion leaf may play a role in supporting healthy blood vessel integrity in the arms and legs.*
- Parsley root, used historically to maintain healthy fluid and water balance, as reported by The British Herbal Compendium. It is also considered one of Germany's most important herbs and has been used in Ayurvedic practices. The action of constituents including its volatile oils and flavonoids account in part for the properties of this extract. In a recent study, parsley demonstrated the potential to moderate Na⁺-K⁺ pump activity, promoting healthy water balance and urinary flow rate.*
- Butcher's broom extract, containing the saponin ruscogenin and flavonoids. It has demonstrated the potential to support the strength and tone of veins and capillaries as well as to promote healthy circulation. In a multicenter double blind placebo-controlled trial, butcher's broom extract supported lower leg vein health in women. Over 15 studies examining the effect of butcher's broom preparations or combination products have revealed potential support for the integrity and comfort of arm and leg veins as well as fluid balance.*
- Cornsilk, containing saponins, promoting healthy fluid balance, and having a soothing effect on the genito-urinary system. Cornsilk is also a source of potassium.*
- Rutin, a powerful flavonoid included in this formula to provide support for venous tone.*

Uses For VenoBalance®

This formula was designed to provide venotonic support (especially for arm and leg veins), and the potential to promote healthy water and fluid balance.*

What Is The Source?

Dandelion (*Taraxacum officinale*) extract (4:1) is derived from the leaf. Parsley (*Petroselinum crispum*) extract (4:1) is derived from the root. Cornsilk (*Zea mays*) extract (4:1) is derived from the silk portion of corn. Butcher's broom (*Ruscus aculeatus*) extract is standardized to contain 10% ruscogenins and is derived from the root. Rutin is sourced from the Fava danta tree found in Brazil. Vitamin C (as ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 2-6 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

Not to be taken by pregnant or lactating women.

Are There Any Potential Drug Interactions?

This formula should not be taken by individuals using diuretics.

(continued)

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

VenoBalance®

two vegetable capsules contain



dandelion (<i>Taraxacum officinale</i>) extract (4:1) (leaf)	250 mg.
parsley (<i>Petroselinum crispum</i>) extract (4:1) (root)	250 mg.
cornsilk (<i>Zea mays</i>) extract (4:1) (silk)	250 mg.
butcher's broom (<i>Ruscus aculeatus</i>) extract (root)	100 mg.
(standardized to contain 10% ruscogenins)	
rutin	20 mg.
vitamin C (as ascorbyl palmitate)	20 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)	

2-6 capsules per day, in divided doses, with meals.

Not to be taken by pregnant or lactating women.