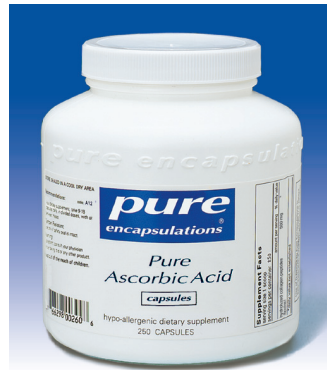




Manufacturers of
Hypo-allergenic
Nutritional
Supplements



Pure Ascorbic Acid

What Is It?

Pure ascorbic acid, or vitamin C, is a powerful dietary antioxidant, providing optimal nutritional support for most all physiological functions, including vascular and capillary integrity in support of the circulatory system, immune system function and cellular health.*

Uses For Pure Ascorbic Acid

Various Physiological Support Properties: Vitamin C offers a wide range of support for the human body. It is a potent antioxidant and free radical scavenger supporting cellular and vascular health. Vitamin C has been reported to promote nitric oxide activity as well as to help maintain healthy platelet function. It supports the body's defense system by enhancing white blood cell function and activity as well as increasing interferon levels, antibody responses, and secretion of thymic hormones. Furthermore, this antioxidant has histamine lowering properties and increases lymphocyte formation. It is essential for the formation and maintenance of intercellular ground substance and collagen. Vitamin C aids in the absorption of iron and the formation of red blood cells and converts folic acid to its active forms.*

What Is The Source?

Pure ascorbic acid is derived from corn dextrose fermentation. Vitamin C (ascorbyl palmitate) in Pure Ascorbic Acid capsules is also derived from corn dextrose fermentation.

Recommendations

Pure Encapsulations recommends 2-8 capsules per day, in divided doses, with meals, or 1/4 to 1/2 tsp. ascorbic acid powder or more as needed.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. People with the following conditions should consult their doctor before supplementing with vitamin C: glucose-6-phosphate dehydrogenase deficiency, iron overload (hemosiderosis or hemochromatosis), history of kidney stones, or kidney failure. It has been suggested that people who form calcium oxalate kidney stones should avoid vitamin C supplements because vitamin C can convert into oxalate and increase urinary oxalate. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Pure ascorbic acid may react with mixed amphetamines (a specific amphetamine combination used to treat narcolepsy and attention deficit disorder) and blood thinning medications. Consult your physician for more information.

Pure Ascorbic Acid capsules

each vegetable capsule contains

ascorbic acid	1,000 mg.
vitamin C (as ascorbyl palmitate)	20 mg.

1-4 capsules per day, in divided doses, with meals.

Pure Ascorbic Acid powder

one teaspoon contains

ascorbic acid	3,200 mg.
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1/4 to 1/2 tsp. or more as needed.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.